

EL GRINGO



HEART SOUP

XCHOLTI SOUP Our most Popular item! Bowl or Cup
A generous serving of Chicken, Avocado, Tomato, Cilantro, Onion, and Rice in a Clear Broth. Served with Flour or Corn Tortillas.

HEART SALADS or WRAPS

Dressing Choice: Spicy Ranch, Mandarin Orange, Balsamic Vinaigrette.

ZACATECAS	Chopped Romaine with Tomato, Onion, Cilantro, Black Beans, Corn, Cheese, and Tortilla strips. Your Choice of Carne Asada (grilled Steak) or Carnitas (grilled Pork). <i>Try the Mandarin Orange Dressing.</i>	Full or Half
FUNKY BEETS	Red Beets over a bed of Baby Spinach with Tomato, Avocado, Onion, Feta Cheese, and Roasted Pine Nuts. Your Choice of grilled Chicken or grilled Shrimp (Add \$2 for Shrimp). <i>Perfect with our Balsamic Vinaigrette.</i>	Full or Half
ENSALADA DEL MAR	Chopped Romaine with Avocado, Tomato, Cilantro, and Cabbage. Your Choice of Mahi Mahi (Grilled Fish) or grilled Shrimp. <i>We recommend Mandarin Orange Dressing.</i>	Full or Half
POLLO NEGRO	Chopped Romaine with Avocado, Tomato, Corn, and Shredded Cheese. Topped with chunks of grilled Pollo Negro (Blackened Chicken). <i>Great with our famous spicy Ranch Dressing.</i>	Full or Half
TOSTADA	Traditional fried Corn Tortilla and Refried Beans covered with Lettuce, Tomato, Cheese & Guacamole. Choice: Ground Beef, Ground Turkey, Shredded Chicken, Shredded Beef. Add for Specialty Meat and Seafood, Ground Bison, or Impossible.	Meat or Bean

HOUSE BURRITOS or BOWLS

HOUSE BURRITOS Wrapped in a Flour Tortilla and served "Wet"
covered in our famous Red Sauce and melted Jack and Cheddar Cheese.
Includes: Rice, Beans, Lettuce, Tomato, Onion, Cilantro & Guacamole.

HOUSE BOWLS Low Carb. Same Ingredients. No Tortilla. Served in a Bowl.

GRILLED MAHI MAHI (Fish)

GROUND BISON

CARNE ASADA (Grilled Steak)

CARNITAS (Grilled Pork)

VEGGIE (Squash, Zucchini, Carrots)

IMPOSSIBLE (Vegan Alternative)

GRILLED SHRIMP

EL DIABLO (Spicy Carne Asada)

SHREDDED CHICKEN

SHREDDED BEEF (Machaca Style)

GROUND BEEF

GROUND TURKEY

SPECIALTY BURRITOS or BOWLS

Served "Wet" with melted Jack and Cheddar Cheese & Guacamole.

ASHER Pollo Negro, Eggs & Avocado Covered in Green Sauce.

FAJITA BURRITO Chicken or Steak, Bell Pepper, Onion, Tomato

BREAKFAST Carne Asada or Carnitas, Egg, Potato, Cheese, Onion, and Guacamole inside. **(SERVED DRY)**

TACO BURRITO Ground Beef, Lettuce, Tomato & Cheese.

SHREDDED BEEF & EGG 'Machaca Style' shredded Beef, Egg, Tomato, Onion, and Cilantro.

BEAN & CHEESE Huge Burrito filled with Beans and Cheese. Choice of Refried Beans or Black Beans.

SPECIALS

HEART BAJA STREET TACOS

Four hand size soft Corn Tortillas. Choice of: Chicken, Carnitas, Carne Asada sautéed in Red Sauce topped with Pico de Gallo. (Add \$2 for Bison or Impossible)

PULLED PORK SANDWICH

Looking for something different? Try our slow cooked grilled Carnitas marinated in our tangy BBQ sauce served on a soft Brioche Bun topped with Cole Slaw. Choice of one Side.

ENCHILADA COMBO

One Enchilada / Two Enchiladas
Choice: Cheese, Chicken, Beef, or Veggies covered in Red or Green Sauce and melted Cheese. Choice of Two Sides.
(Add \$2 for Specialty Meat or Impossible)

FAJITAS

Chicken or Carne Asada. Bell Pepper, Onion, Tomato, Guacamole & Tortillas. Choice of one side. (Add \$2 to sub grilled Shrimp)

DINNERS

A generous serving our best meats served with Guacamole, Pico de Gallo, Tortillas and two sides.

GRILLED MAHI MAHI (Fish)

GRILLED SHRIMP (Shrimp)

GROUND BISON (Bison)

CARNE ASADA (Steak)

CARNITAS (Pork)

POLLO ASADO (Chicken)

POLLO NEGRO (Blackened Chicken)

IMPOSSIBLE (Vegan Alternative)

CHEESEBURGER

CHEESEBURGER Melted Cheese, Lettuce, Tomato, Onion, Pickle and spicy Aioli on a toasted Brioche Bun. Served with your choice of one side.

Ground Bison **Beef** **Impossible**

BURGER BOWL Same Burger ingredients served in a bowl over chopped Romaine. Choice of one side.

Ground Bison **Beef** **Impossible**

Additional charge Per item

BACON - AVOCADO - GUACAMOLE -

GRILLED ONIONS - COLE SLAW - FRIED EGG

A LA CARTE

TACO Beef, Chicken, Ground Turkey

TACO Asada, Carnitas, Pollo

TACO Ground Bison

TACO Fried Fish

TACO Grilled Mahi Mahi or Shrimp

TACO Veggie

ENCHILADA (Cheese, Chicken, Beef)

ENCHILADA (Asada & Carnitas)

ENCHILADA (Mahi, Shrimp, Impossible)

ENCHILADA (Ground Bison)

FLAUTAS Chicken (4 Pieces)

TACOS

COMBINATION PLATE: ONE TACO + TWO SIDES

**Taco/Enchilada Combos available upon request*

CARNE ASADA Soft Corn Tortilla filled with grilled Steak, Tomato, Cilantro, Onion, and Guacamole.

CARNITAS Soft Corn Tortilla filled with hand-pulled grilled Pork, Tomato, Cilantro, Onion, and Guacamole.

GROUND BISON Hard-Shell Corn Tortilla filled with Ground Bison, Lettuce, Tomato, and Cheese.

POLLO NEGRO (Blackened Chicken) Soft Flour Tortilla filled with Lettuce, Tomato, Cheese, and Guacamole.

GRILLED MAHI MAHI Soft Flour Tortilla with grilled Mahi Mahi (Blanco or Negro), Cabbage, Spicy Ranch Sauce.

GRILLED SHRIMP Soft Flour Tortilla filled with grilled Shrimp (Blanco or Negro), Tomato, Cilantro, and Onion.

FRIED FISH TACO Soft Corn Tortilla filled with fried Fish, Lettuce, Tomato, Onion, Cilantro, and Guacamole.

CLASSIC TACO Hard-Shell Corn Tortilla. Choice of Beef, Chicken, or Bean with Lettuce, Tomato, and Cheese.

GROUND TURKEY A healthy alternative. Hard-Shell Corn Tortilla filled with Lettuce, Tomato, and Cheese.

VEGGIE TACO Soft Flour Tortilla with Squash, Zucchini, Carrots, topped with Cilantro, Onion, and Guacamole.

IMPOSSIBLE Vegan Alternative - Classic hard-shell Corn Tortilla filled with Lettuce, Tomato, and Cheese.

COMBO ADDITIONS

TACO or ENCHILADA to any Combination Plate.

Carne Asada

Carnitas

Pollo Negro

Ground Bison

Mahi Mahi

Shrimp

Fried Fish

Classic Tacos

Veggie

Impossible

QUESADILLAS

All Quesadillas are grilled in a large Flour Tortilla filled with a combination of melted Jack and Cheddar Cheese. Served with Guacamole on the side.

MEXI-CALI QUESADILLA Asada, Pollo, or Carnitas w/ Cilantro, Onion, and Corn.

FAJITA QUESADILLA Asada or Pollo with Bell Pepper, Onion, and Tomato.

BBQ CHICKEN Pollo with Cilantro and Onion smothered in a tangy BBQ Sauce.

BISON QUESADILLA Lean Ground Bison with Jack and Cheddar Cheese.

IMPOSSIBLE Vegan Ground Beef with Jack and Cheddar Cheese.

BLACK BEAN Black Beans, Tomato, Cilantro, Onion, and Corn.

CHEESE Jack and Cheddar. An oldie, but a goodie!

GUACAMOLE

Large / Small

Made with Avocado, Cilantro, Tomato, and Onion.

SIDES

VEGGIES (Squash, Zucchini, Carrots)

SAUTEED SPINACH

SIDE SALAD

BLACK BEANS

REFRIED BEANS

MAC N' CHEESE

SWEET POTATO FRIES

FRENCH FRIES

COLE SLAW

MEXICAN RICE

Menu items are prepared in a common kitchen area with the risk of Gluten, Nut, and/or Meat exposure. Please exercise judgment in consuming items on our menu. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness, especially if you have a medical condition.



= Healthy Alternative



= Vegetarian